Headquarters U.S. Air Forces in Europe

2007 DCCS Conference USAFE State of the Union

OVERALL BRIEFING CLASSIFICATION:
UNCLASSIFIED

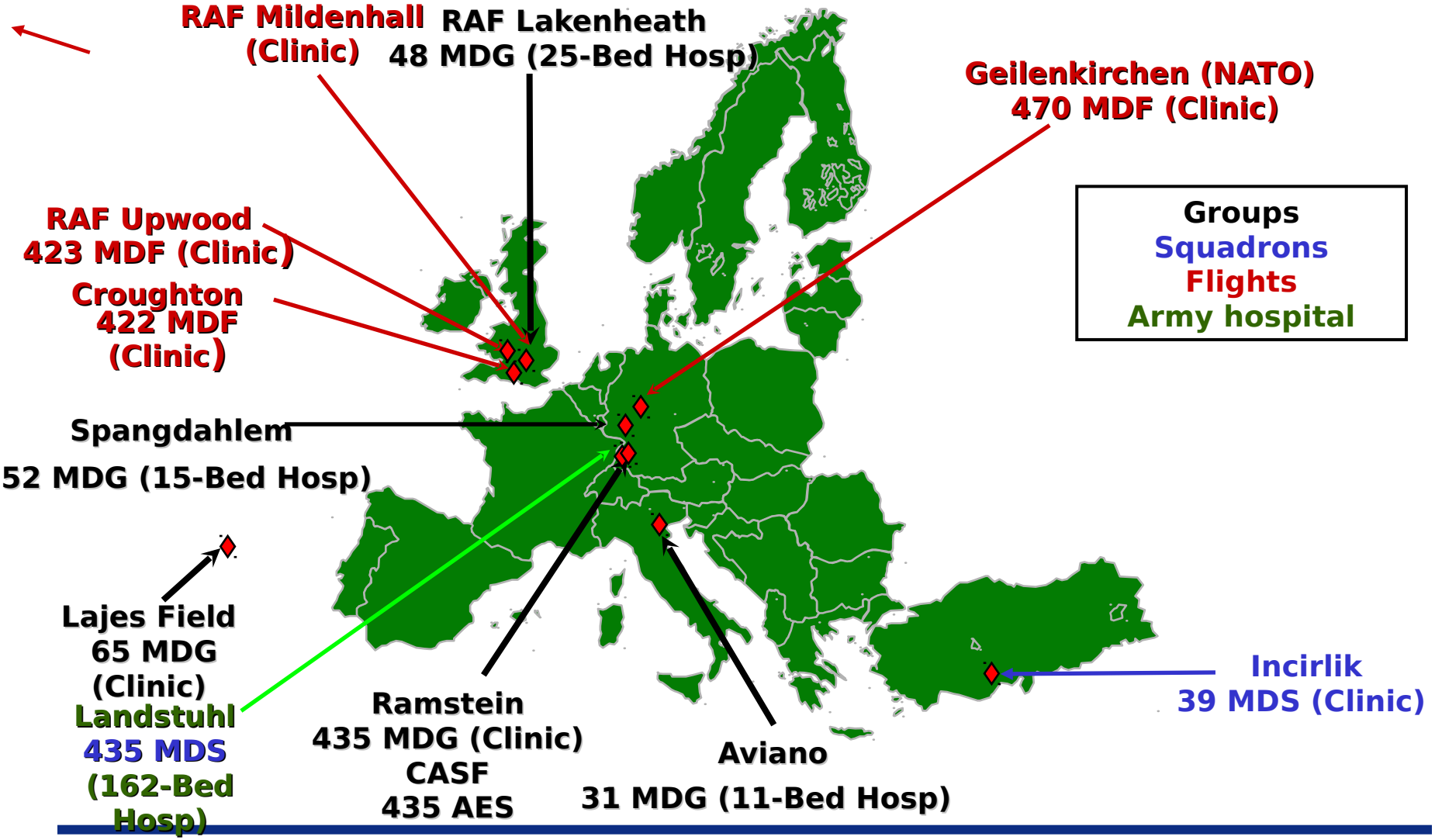
Headquarters U.S. Air Forces in Europe

USAFE Community Counseling

Medical Community Perspective

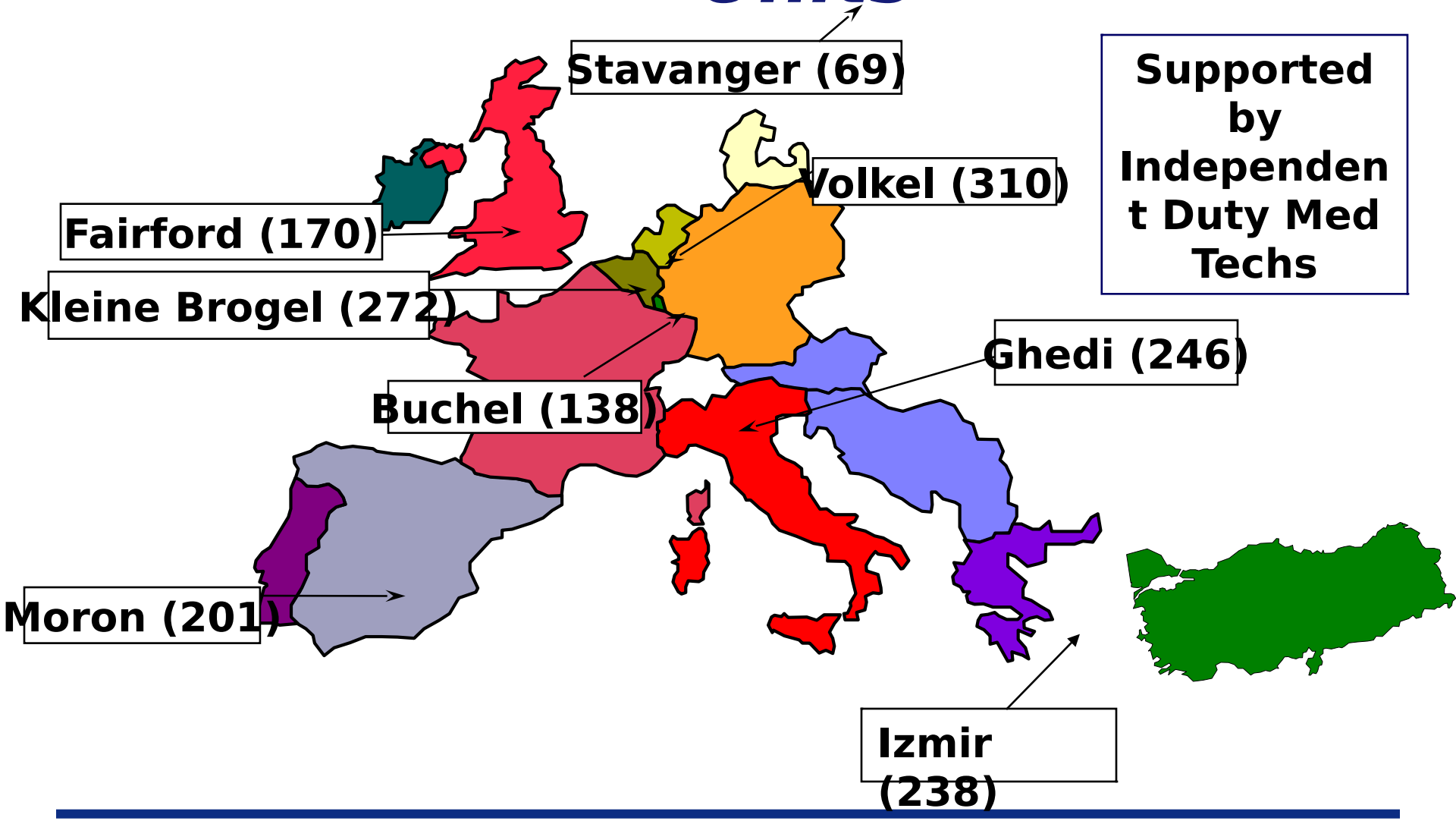
Lt Col Bryan Vyverberg
HQ USAFE/SGOH

USAFE Medical Facilities



As of:

Geographically Separated Units



As of:

USAFE Medical Community Adult Mental Health Assets

- Life Skills Support Center (LSSC)
  - 10 bases
    - 9 psychiatrists
    - 24 psychologists (+5 PDHRA)
    - 21 social workers
    - 65 technicians
  - Departments/programs
    - Outpatient LSSC clinic
    - Family Advocacy Program (FAP)
    - Alcohol and Drug Abuse Prevention and Treatment (ADAPT)
      - Drug Demand Reduction (DDR)
    - Behavioral Health Optimization Program (BHOP)

USAFE Medical Community Child Mental Health Assets

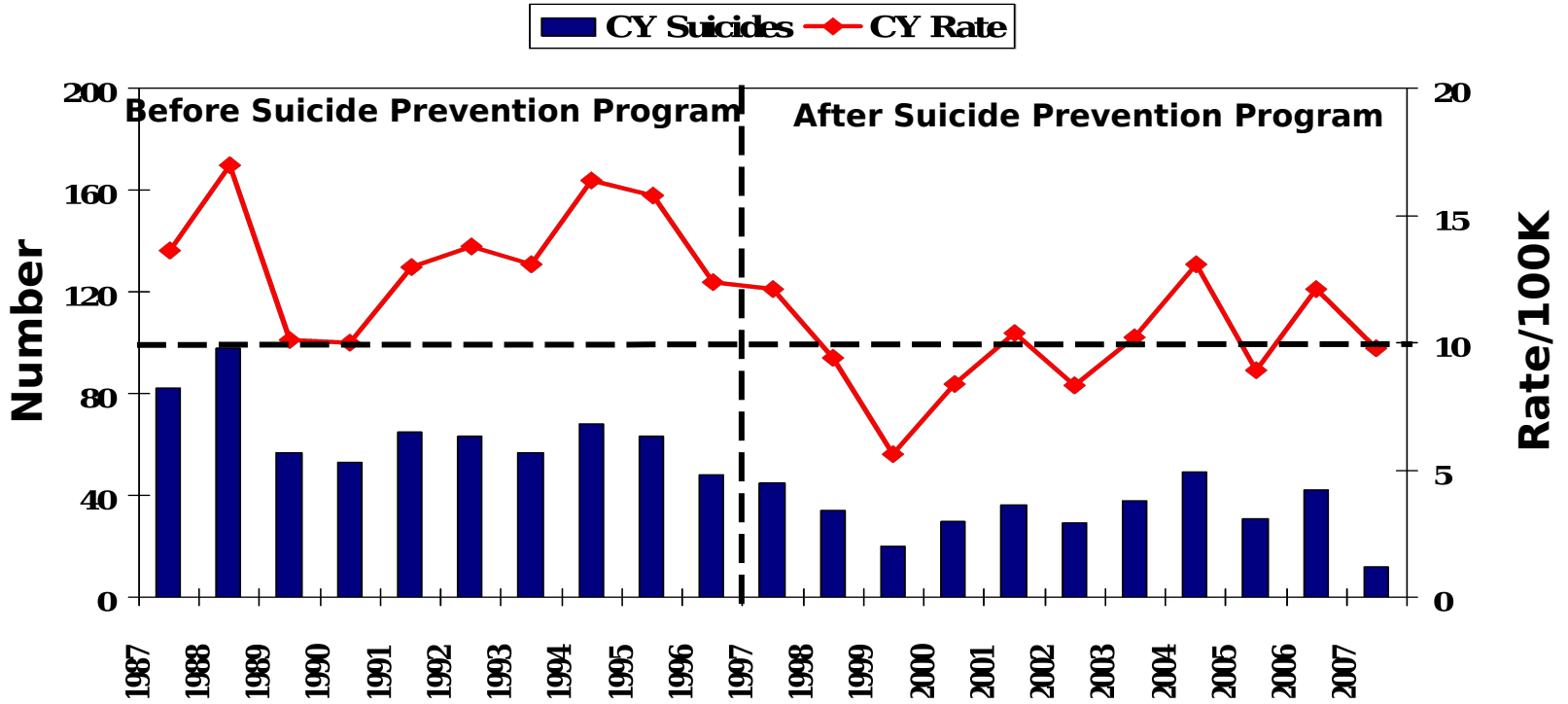
- **Educational and Developmental Intervention Service (EDIS)**
  - **6 bases**
    - **2 child psychiatrists (+1 @ LSSC)**
    - **6 child psychologists (+2 @ LSSC)**
    - **2 social workers (+1 @ LSSC)**
  - **AF unique- EDIS specialists see space available patients**
  - **Also see US children in Embassies in EUCOM / CENTCOM / AFRICOM (currently in 5 countries)**

- **Adolescent Substance Abuse Counselor Service (ASACS)**
  - **7 bases**
    - **7 social workers**

AF Suicide Prevention Program

- 1996- implementation of the AFSPP
  - Suicide rates drop to average 9.6/100K a year since
- 2004- AF 10 year high of 15.2/100K
- 2004- 2005 study shown AF suicide rates varied with program implementation
- 2006- AF CAIB established recurring assessment of AFSPP program compliance
- Sep 06 USAF/CVA memo
  - AF IDS AFSPP checklist
    - 11 AFSPP leadership and community initiatives put into practical terms to guide base level compliance

AF Active Duty Suicides



	CY07	CY06
Suicides / Suicide Rate through 11 May each year:	12 / 9.8	17 / 13.6
CY06 EOY Suicides / Suicide Rate:		42 / 12.1
10-Year CY Average Suicides / Suicide Rate:		35 / 9.8

USAFE Community Counseling: Medical Community Perspective

- Hottest Clinical Issue- returning deployers mental health concerns
  - USAFE 35.0% (1334 out of 3808)
  - USAF 42.8%
  - 2006- Added contract psychologists in 5 clinics
- All returning deployers seen face to face by medical provider

- Post Traumatic Stress Disorder
  - USAFE offering Cognitive Restructuring Therapy Training-
    - Aviano Air Base- 20-23 August
    - Renowned U.S. psychologist- Patricia Resick
    - Other services invited

- Traumatic Brain Injury
  - New process in place for screening, evaluations, triage from battlefield to tertiary care

Questions?